

Welcome all to join our ...

Church Special Events

and grow with us.

July

Gospel Music Night
(Cantonese)
Sunday, July 5
7:30 p.m.

Gospel Sunday
"Souls Seeking"
(Cantonese)
Sunday, July 12
9:30 a.m. & 11:00 a.m.

Frosh Connection
(Cantonese)
Tuesday, July 28
5:00 p.m. - 8:00 p.m.

August

Summer Outing
(Mandarin)
Saturday, August 15

Gospel Sunday
(Mandarin)
Sunday, August 23
11:00 a.m.

September

Gospel Sunday
Sharing by Dr. Matthew Lui
(HK Ten Outstanding Persons)
(Cantonese)
September 11-13
Friday - Sunday

Awaken Souls Men Conference
(Cantonese)
September 25-26
Friday - Saturday

North York (Chinese) Baptist Church

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North York (Chinese) Baptist Church

Community Services

NEWS

Issue 2, June 2015

Message

CSM Co-ordinator

I am glad to communicate with you again through the Community Service newsletter and I hope you are doing well. It has been four months since I left for Hong Kong and I am really happy to be home again to re-join the Community Service volunteer team!

During my stay in Hong Kong, I witnessed the wide gap between the rich and poor, which resulted in grudges and tense relationships among people. There are other problems like high stress levels, lack of space and air pollution. When I came back to Toronto, I realized how blessed I am to be living in this environment. The blue sky, white clouds of different shapes and the beautiful evening sky all capture my attention. During April and May, Toronto is lined with tulips; there are cherry blossoms in High Park and trees everywhere start to show their green leaves. All these scenes lift me up and I cannot help but praise the Creator for His wonderful handiwork and the power He demonstrates in up keeping and maintaining nature and the whole universe. I really hope each of us will not take for granted living in such a wonderful environment, but really take time and effort to enjoy nature and ponder into the meaning of life. I hope that we may continue to serve the community through our church. Wish you and your family an enjoyable and healthy summer, physically, psychologically and spiritually.

Winnie Lee

Programs & Activities

Wednesday (675 New Wing)	7:45 – 9:15 pm	ESL Class (March - December)	\$5/quarter
Wednesday (685 Gym)	7:30 – 9:30 pm	Fitness Line Dance Class	\$10/month
Thursday (Building 685)	9:15 am – 3 pm	Following activities are available for participation	\$15 Annual Membership Fee
	9:15 – 10:45 am	Exercise & Fitness:	
		Tai Chi	
		Baduanjin	
		Brain Health Dance	
		Praise Dance	
	11 am – 12 pm	Workshop	
	11 am – 2 pm	Relaxing and Learning Zone Jointly organised with Yee Hong Centre (March – December)	
	12 – 1:30 pm	Chat Room	
	1:30 – 3 pm	Interest Class:	
ESL Class			
Paper Art Class			
Knitting Club			
	Share & Care Men's Group		
Friday (685 Gym)	10 am – 12 pm	Fitness Line Dance Class	\$10/month
Sunday (675 Gym)	2 - 3:30 pm	Body Shaping Dance Class	
Sunday (685 Gym)	2 – 4 pm	Ball Games	
Sunday (685 Kitchen)	2:30 – 4:45 pm	Cooking Class Monthly on 1 st or 2 nd week (April – December)	\$25 or \$20/ quarter

New Events (Please refer to Community Service Ministry notice board for details):
 Diabetes Self-Management Program 8/24-9/28 (every Friday 10 am-12:30 pm)
 Chronic Disease Self-Management Program 10/16-11/20 (every Friday 10 am-12:30 pm)

Bits and Pieces

It is SO cold today, well below minus 10 degree. But the teacher is so good that I don't want to miss any class, I have to attend this class no matter how cold it is!

I can feel so much love around here from you all, I really want to join you and get involved as a volunteer!

"Good morning, Angela". There are so many people here and yet you remember my name? you are amazing!

WOW, the talk in today's workshop really meets my need, it is very helpful!

I thought this class is not starting until 1:30 PM? Why did the teacher show up so early, and look at all the students surrounding her!